



Durham Middlefield  
— LOCAL WELLNESS COALITION —

**DMLWC Coalition Meeting**  
**January 11<sup>th</sup> 2021**  
**2:30 p.m. Zoom Meeting**

Join Zoom Meeting

<https://us02web.zoom.us/j/2318341235?pwd=dHdUWWlhNWpVYTI3aGxYZIN5aXBQdz09>

Meeting ID: 231 834 1235

Passcode: 1234

Meeting start: 2:30

In attendance: Betsy Dean, Karen Otte, Lynna Vo, Mike Kalinowski, Morgan Perry, Nina Chanana, Laura Francis, Marijke Kehrhahn, Brian McDuff, Bronwyn Commins, Ed Bailey, and Dena Miccinello

- Welcome – Thank you to everyone for joining us at this meeting it is great to see you all! Today we will be focusing on celebrating the year of 2020 and our accomplishments in prevention.
- DMLWC Update – Attached is a December and January update on DMLWC. Please read over the update document and if you have any questions or comments please reach out to Dena Miccinello at [dmiccinello@dmyfs.org](mailto:dmiccinello@dmyfs.org).
- A Year End Celebration - At the January DMLWC meeting members came together for the Year End Review of 2020! Even if our activities looked very different this year we have been able to accomplish so much. From a P.S.A. video series, information dissemination, national trainings, community trainings and more! We thank all our community partners, coalition members and community members for their support and hard work. Please stay tuned for a video of the power point shared at this

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“The Mission of the Durham Middlefield Local Wellness Coalition is to reduce the harm of alcohol, tobacco, marijuana and other drugs in our towns through community action, education, support and collaboration.”



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meeting. I have also attached the power point if you wish to review and/or share it with others.

- **Coalition Member Update**
- **Nina C suggested that we write up a summary of the Prevention Scavenger hunt and the Coffee Chats to be submitted to CADCA for recognition. In another town their coalition has a display at the library of prevention resources with libraries for the community. This could be a great resource for our community as well, it is a permanent display that is updated with books pertaining to the coalitions work in substance prevention and mental health.**
- **Brian has noticed that the lights are out in from of the STK billboard. We will check in on that.**
- **Laura Francis shared an updated on Durham Resident State Trooper Larry M, he has temporarily been promoted to sergeant in another town. Matt O'Brian will be the temporary the resident state trooper for Durham.**
- **Laura and Ed shared a work group about a form that will help the community members with their unmet needs. There is a training about this form and how it works that Dena and Betsy will attend.**
- **Covid numbers are up in both towns and Morgan Perry is now working with the Durham Health Department and reporting covid numbers.**
- **Dr. Mike gave a great shout out to Lynna on her RX Drug Awareness video that has been shared with health classes in the middle school and high school.**

**Meeting End: 3:15**



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### Next DMLWC Meeting

**March 8<sup>th</sup>, 2020**

Meeting location/zoom link will be sent out a week before the scheduled date.

### CADCA's 7 Strategies for Community Change

1. Providing Information
2. Enhancing Skills
3. Providing Support
4. Enhancing Access/Reducing Barriers
5. Changing Consequences (Incentives/Disincentives)
6. Physical Design
7. Modifying/Changing Policies

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