



Durham Middlefield
— LOCAL WELLNESS COALITION —

DMLWC Coalition Meeting September 13th 2021 2:30 p.m.

Hybrid Meeting: Via zoom or on the 3rd floor of the Durham Town Hall

Join Zoom Meeting

<https://us02web.zoom.us/j/89406325546?pwd=Ti92Vk1jbjF5SWtndEh1TGVDcGhOQT09>

Meeting ID: 894 0632 5546 Passcode: 614335

Who Attended: Lynna Vo (v), Bronwyn Commins (v), Morgan Perry (v), Laura Francis (p), Laura Hastings (p), Nina Chanana (v), Kelly Orts (v), Leslie Paoletti (v), Brian MacDuff (v), Betsy Dean (p) and Dena Miccinello (p)

Meeting Start: 2:35

- Welcome Thank you all for coming. Thank you to the Town of Durham for providing us with this beautiful Hybrid space for the meeting. Having an option for people to attend in person and via zoom will be very helpful. It was a pleasure to have two new members attend this meeting Kelly Orts and Laura Hastings both Middlefield residents.
- DMLWC Summer Update The DMLWC & DMYFS office has been very busy this summer connecting with the community, providing resources, educating, planning for the school year, hosting events and more. Please see attached summer updates for more information.
- DFC Year 10!
 - Celebrating our Resilience
 - #KeepItGoing

On September 1 2021, DMLWC started year 10 of the Drug Free Communities Federal Grant. The DFC grant is a 10-year grant. This last year we will celebrate DMLWC's resilience for sharing our prevention message with the community and not missing a beat over the past almost two years of the Covid-19 Pandemic. We are looking forward to starting to do in person events again, supporting youth mental health, youth marijuana use prevention and all other substances. To help sustain our work over the summer we celebrated all that has been accomplished with The #KeepItGoing campaign. This social media campaign shared local data,

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outcomes of our work and how we accomplished it all. We will use this information to work with Durham and Middlefield town governments to sustain funding for prevention.

- #LetsMentionPrevention PSA Video <https://f.io/y9BNomit> This summer Nora O’Connell, summer intern, participated in the filming of a vaping prevention PSA video. This video will be shared on social media, in newsletters, in the school system and more. Please feel free to watch the video, share the video and talk about vaping with youth and the community. Local Prevention Council funds were used to support this campaign, as a new round of LPC funding is coming soon we will be able to continue focus on vaping prevention and other substance use prevention.

Dena shared the results from the community survey about vaping. Please visit <http://www.dmlwc.org/2021-vaping-survey.html> to view the results. It will be very important to continue educating youth and adults on the harms of vaping to make sure the perception of risk involving all vaping devices remains high.

- Topic Of Discussion- Marijuana with Nina C and Dena M
Thank you, Nina, for presenting on information around the new laws about marijuana and why we need to be concerned in protecting our youth, most importantly. This topic brings in many different opinions, from both sides and this is a reminder that we keep our education on keeping our youth and teens safe. The link below is a great video from the Surgeon General that was played and helps summaries the presentation topics.

<https://youtu.be/OYZvUDbzUk8>

A key point to note is that over years perception of harm on Marijuana is going down. With the new laws and regulations youth are going to be exposed more often lowering their perception of harm.

We will need to educate youth of the risks and also adults on the raised levels on potency in the “new” marijuana. Potency in the 60s/70’s was low to the contrast of up to 90% TCH in today’s marijuana of all forms.

In the CT marijuana law there is no mention of potency caps.

Middlefield has a ban on recreational marijuana.



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Durham currently has a 6-month moratorium on recreational marijuana and is in the process working with their Planning & Zoning Board and Board of Selectman on what the next steps are for town.

Kelly Orts shared information on recent legislation passed this summer (PA 21 – 174 section 12) creating a team called “Alternatives to Arrest Implementation Team” that will develop plans for mandatory pre-arrest diversion for minor offenses, which mention marijuana use/possession. The intent is to not use the formal juvenile justice system for minor offenses, as it can cause an increase in future criminal activity, rather than a deterrent. The Juvenile Justice Policy and Oversight Committee that she manages will be overseeing this piece of legislation. If you have any questions, comments or concerns on this topic Kelly would be happy to email more on this. Her email is korts@newhaven.edu.

- Coalition Member Update

-DMYFS: Is looking for volunteers at the apple crisp booth this year. Please visit <https://signupschedule.com/signup.cgi?user=dmyfs&id=JmdvPQ==> to sign up to volunteer if available.

-Leslie thanked DMYFS and DMLWC for donating PRIDE flags and stickers to the PRIDE event on Durham Town Green with the EDI Committee.

-Laura Francis is looking for support in educating community members on the negative effects of posting un-kind posts on social media.

Dates To Remember:

-Johnny's Ambassadors Presentation Tuesday Sept 14 at 6:00 pm

-Yoga on The Lawn at Allyn Brook Park Friday September 17 at 4:30 pm

-Visit The DMYFS Apple Crisp Booth at the Durham Fair September 23 to 26

-In partnership with RSD#13, teachers and staff will have the opportunity for a Professional Development Presentation by Steven Hill from Speak Sobriety. Funded by DMLWC. September 27 2021

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Next DMLWC Meeting

November 15th, 2021

Meeting location/zoom link will be sent out a week before the scheduled date.

CADCA's 7 Strategies for Community Change

1. Providing Information
2. Enhancing Skills
3. Providing Support
4. Enhancing Access/Reducing Barriers
5. Changing Consequences (Incentives/Disincentives)
6. Physical Design
7. Modifying/Changing Policies

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